

Healthy Nutrition Foundation

105-107 Mihai Eminescu Street, ap. 6,
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PRELIMINARY PROGRAM

The 10th Annual Symposium of *Healthy Nutrition Foundation*
– **MODERN NUTRITION AND ITS DILEMMAS** –
Ramada Majestic Hotel, Bucharest, December 12-14th 2008

FRIDAY, 12.12.08

- Lectures** (17.00-19.30)
Moderators: **Dan Cheța, Gabriela Radulian**
17.00–17.15 Official Opening
- 17.15–17.45 Invited speaker – sustained by Unilever South Central Europe
17.45–18.15 Invited speaker – sustained by COCA-COLA
18.15–18.45 Invited speaker – sustained by Mars
- 18.45–19.30 Young Researchers' Contest Award
Sustained by Mars
- 20.00** **Cocktail (The Byzantine Hall, The Palace of the National Military Center)**

SATURDAY, 13.12.08

- Oral Presentations** (09.00-11.00)
Moderators: **Rodica Segal, Gabriela Negrisanu**
- 9.00 – 9.20 Changing Lifestyle – Primary Strategy of Treatment for Metabolic Syndrome
Andrada Mihai
- 9.20 – 9.40 New Food-style Traps
Floarea Damaschin
- 9.40 – 10.00 Food Consumption Patterns and Prevalence of Obesity in an Adult Population in Amman,
Jordan Jafar Muhammad El-Qudah
- 10.00 – 10.20 Food Safety and Consumer Protection
Carmen Visan, Rodica Segal
- 10.20 – 10.40 Nutritional Patters at Obese Patients
Olivia Georgescu, Anca Sirbu, Aura Reghina, Mihaela Ursache, Liudmila Minea, Simona Fica
- 10.40 – 11.00 Food Behavior and Nutritional Status Auto-evaluation in An Adolescents Group from
Bucharest
Corina Zugravu
- 11.00-11.30** **Coffee Break (Ramada Majestic Bucharest Hotel)**

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Oral Presentations (11.30-13.30)

Moderators: Camelia Parvan, Monica Tarcea

- 11.30 – 11.50 Dietary Patterns and Metabolic Syndrome in Middle Aged Women
Mouloud Agajani Dlavar, Lye Munn Sann, Khor Geok Lin, Syed Tajuddin B Syed Hasan, Parichehr Hanachi
- 11.50 – 12.10 Comparative Study on Prices of Essential Nutrients from Trade Food Products
Gazi Inge, Alina Elisei, Rodica Segal
- 12.10 – 12.30 Dioxins in Food and Environment – Controversies Regarding Health Risks
Otilia Voroniuc
- 12.30 – 12.50 Study on Feeding Behavior in Adolescents
Aurelia Cordeanu, Elena Mihaela Cordeanu, Viorica Kassai, Carmen Dumitrache, Camelia Stanescu
- 12.50 – 13.10 Therapeutically Nutritional Intervention With Multicomponent Functional Food in Metabolic Syndrome
Simona Drăgan, Dana Kaycsa, Corina Samoilă, Andreea Dragomir, Gabriela Radulian, Monica Hărmănescu, Carmen Socaciu, Iosif Gergen
- 13.10 – 13.30 Nutrition in Chronic Stress State
Laura Mihalache, Cristina Lăcătușu, Mariana Graur

13.30 Lunch (Ramada Majestic Bucharest Hotel)

Oral Presentations (15.00-18.00)

Moderators: Aurelia Cordeanu, Otilia Voroniuc

- 15.00 – 15.20 Feeding Behavior Risks during Pregnancy at Women from Mures County
Monica Tarcea, Geanina Moldovan, Septimiu Voidazan, Valentin Nadasan
- 15.20 – 15.40 Healthy Nutrition and Relation with Food Safety
Cardos Coca, Parvan Camelia, Nuta Daniela
- 15.40 – 16.00 Dietary Behaviors among College Students According to Body Mass Index
Veronica Mocanu, Diana Calatoru, Raluca Haliga, Otilia Voroniuc, Anca Melinte, Veronica Luca
- 16.00 – 16.20 Efficacy of Intensive Interventions on Obese People Lifestyle – Kilostop Program
Cristian Panaite
- 16.20 - 16.40 Fountain Water – Health Risk
Beatrice Severin
- 16.40 – 17.00 Results of Screening for Hyperglycemia, Hypercholesterolemia, Arterial Hypertension, and Chronic Renal Diseases at the Urban Center of Family Doctors
Luminița Suveica, Ghenadie Curocichin, Igor Codreanu, Mihai Moldovanu, Rodica Ignat
- 17.00 – 17.20 Beyond Profit
Angela Preoteasa
- 17.20 – 17.40 Wine and its Benefits
Mihai Patric
- 17.40 – 18.00 Do Children in the Rural Areas Have a Healthy Lifestyle?
Anca-Elena Crăciun, Cristian-Ioan Crăciun, Cristina Valentina Costiuc, Cristian Mircea Costiuc, Ioana Streulea, Ramona Ștefan, Anca-Elena Todoran

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19.00 **Dinner (Ramada Majestic Bucharest Hotel)**

SUNDAY, 14.12.08

Breakfast. Depart of participants.